



CAN CALDÉS

HORSE RIDING SUMMER CAMP

Coinciding with the school vacations, this summer Can Caldés organizes again an equestrian campus aimed at children and young people who want to start in the world of horses or improve their technique.

SUMMARY

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1. WHERE?

The camp activities will be principally developed at our facilities of Hípica Can Caldés, in Sant Cugat del Vallès.

Hípica Can Caldés is located in a privileged place down to the Collserola Natural Park, next to the center of Sant Cugat and only a few minutes from the city of Barcelona. Our facilities extend over 15 hectares of land.

We have 8 riding tracks, all with silica sand, automatic irrigation and lighting:

- Jumping arena
- Dressage arena
- Horseball arena
- Ponygames arena
- Equine therapy arena
- 3 polyvalents arenas
- Cross Country course

2. WHEN?

June: from the 25th to 29th.

July: from the 2nd to 31st.

August: from the 1st to 3rd and from the 27th to 31st.

September: from the 3rd to 7th.

The camp will be from Monday to Friday. The 29th of June, is holiday in Sant Cugat, the camp will be done normally; the day will be discounted to students that don't come.

The schedule of the camp is from 9h a.m to 17h p.m, with lunch included.

You also have the possibility to participate in the morning shift, from 9h a.m to 1h p.m, or from 9h a.m to 3h p.m (with lunch included)

We offer free pick-up service, from 8h a.m to 9h a.m, with previous booking.



3. MODALITIES: MINI-CAMP AND CAMP

Depending on the age of the pupils, Can Caldés offers two possibilities:

- MINI-CAMP: For kids from 4 to 5 years that live their first contact with the ponis. The activities will be adapted to their rhythm and requirements. Small groups.
- CAMP: addressed to children from the age of 6, both initiation and specialization. Groups are distributed according to their age and level.

4. WHAT DO WE DO?

The Can Caldés summer camp focuses on equestrian activities and riding. At the same time, we do other activities: swimming, water games, workshops, educational games... As novelty, this year we will do thematic weeks, games and gymkhanas in nature with horses.

The mornings will be dedicated to the riding activities: prepare the horse , riding in the arena, routes in the mountain, etc.

PLANNING MINI-CAMP

9H-9:30H WELCOME! The teachers explain to each group the activities that they're going to do. Prepare the equipment necessary for the activity.

9:30H - 10H BREAKFAST

10H – 12:30H INITIATION TO HORSE RIDDING, initiation to horse riding and handle the horse. First riding concepts. Pony Games.

12:30h-13h BASIC CARE Brush the ponis. Cures and basic care.

13H-15H LUNCH TIME!

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
15H-17H	WORKSHOPS	SWIMMING	WORKSHOPS	SWIMMING	CLOSING
	AND GAMES*	POOL**	AND GAMES*	POOL**	ACTIVITY OF
					THE WEEK***



PLANNING CAMP

9H-9:30H WELCOME! The teachers explain to each group the activities that they're going to do. Physical preparation of the rider. Prepare the equipment necessary for the activity.

9:30H-10H BREAKFAST

10H- 12:30H HORSE RIDING In the arena: Dressage, horse jumping, Pony Games, Horseball...
Routes in the Natural Park of Collserola.

12:30H-13H HORSE CLEANING AND PICKUP

13H-15H LUNCH TIME!

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
15H-17H	WORKSHOPS	SWIMMING	WORKSHOPS	SWIMMING	CLOSING
	AND GAMES*	POOL **	AND GAMES*	POOL **	ACTIVITY OF
					THE WEEK***

WORKSHOPS AND GAMES*:

- Creative workshops and plastics.
- Touch-touch with the animals in the farm.
- Ecologic cooking.
- Traditional games.
- Gymkhana.

SWIMMING POOL:**

This activity will take place in the Tennis Club SET BALL (carretera de Cerdanyola – Sant Cugat, km 4.6, 08173 Cerdanyola el Vallès), nearby our center Can Caldés.

Besides practicing swimming, they will play different games, supervised by teachers and other activities that are available in the facilities, like padel and rocodrome.



CLOSING ACTIVITY OF THE WEEK*:**

- Foam party.
- Display of our camp pupils.
- Elastics.
- Gymkhana.
- ...and MUCH MORE!

5. WHERE DO WE EAT?

The Can Caldés restaurant, in the same facilities as the equestrian center, is in charge of serving the food to all the participants of the Camp. Therefore, pupils will enjoy varied, homemade and quality food. You can check the menu of the day through our web: www.cancaldes.com.

If a pupil wants to stay to have lunch with us only for one day, the price of the menu is of 9€/pupil.

The schedule for lunch is from 13h to 15h.

6. WHAT DO THEY HAVE TO BRING?

- Riding equipment: breeches (or leggin type) and comfortable boots or footwear.
- Helmet and protective vest (in case that you don't have, Can Caldés will lend you it).
- A bag with comfortable spare clothes and shoes.
- Sun cream. Better if you also come with it on from home.
- Water, bottle or canteen.
- Cap.
- Daily breakfast.
- For the swimming pool (Tuesday and Thursday): swimming suite, swimming hat, flip flops and towel.
- Want to have loads of fun!



7. PRICES

CAMP

From 9h a.m to 1h p.m: 195€/week

From 9h a.m to 3h p.m : 235€/week

From 9h a.m to 5h p.m: 295€/week

Reception service (8h a.m to 9h a.m): 15€/week

MINICAMP

From 9h a.m to 1h p.m : 145€/week

From 9h a.m to 3h p.m: 190€/week

From 9h a.m to 5h p.m: 245€/week

Reception service (8h a.m to 9h a.m): 15€/week

DISCOUNTS

10% Discount for large families and single parents.

10% Discount for Can Caldés members

(discounts aren't cumulative)

SIGNING-UP

Through our website www.cancaldes.com or our email address campus@cancaldes.com .