



## CAN CALDÉS

# HORSE RIDING SUMMER CAMP 2019

Coinciding with the school vacations, this summer Can Caldés organizes again an equestrian campus aimed at children and young people who want to start in the world of horses or improve their technique.

This year we offer three types of campus to respond to different ages and levels.

### SUMMARY

1. WHERE?
2. WHEN?
3. MODALITIES.
4. WHAT DO WE DO?
5. WHERE DO WE EAT?
6. WHAT DO THEY HAVE TO BRING?
7. PRICES.
8. SIGNING-UP.



## 1. WHERE?

The camp activities will be principally developed at our facilities of Hípica Can Caldes, in Sant Cugat del Vallès.

Hípica Can Caldes is located in a privileged place down to the Collserola Natural Park, next to the center of Sant Cugat and only a few minutes from the city of Barcelona. Our facilities extend over 15 hectares of land.

We have 6 polyvalents riding tracks, one jumping arena and one dressage arena, all with silica sand, automatic irrigation and lighting.

## 2. WHEN?

June: from the 25<sup>th</sup> to 28<sup>th</sup>.

July: from the 12<sup>st</sup> to 31<sup>st</sup>.

August: from the 1<sup>st</sup> to 2<sup>nd</sup> and from the 26<sup>th</sup> to 31<sup>st</sup>.

September: from the 2<sup>nd</sup> to 6<sup>th</sup>.

The camp will be from Monday to Friday, except for the first week that will be four days because of Sant Joan Day.

The schedule of the camp is from 9h a.m to 17h p.m, with lunch included.

You also have the possibility to participate in the morning shift, from 9h a.m to 1h p.m, or from 9h a.m to 3h p.m (with lunch included)

We offer free pick-up service, from 8h a.m to 9h a.m, with previous booking.



### 3. MODALITIES: MINI-CAMP, CAMP AND IMPROVEMENT CAMP

Depending on the age of the pupils, Can Caldés offers three possibilities:

- MINI-CAMP: For kids from 4 to 5 years that live their first contact with the ponis. The activities will be adapted to their rhythm and requirements.
- CAMP: addressed to children from the age of 6 to 14, who want to start in the riding sport. Groups are distributed according to their age and level.
- IMPROVEMENT CAMP: for advanced students who want to improve their technique and increase their knowledge about the care and behavior of the horse.

### 4. WHAT DO WE DO?

The Can Caldés summer camp focuses on equestrian activities and riding. At the same time, we do other activities: swimming, water games, workshops, educational games... As novelty, this year we will do thematic weeks, games and gymkhanas in nature with horses.

The mornings will be dedicated to the riding activities: prepare the horse , riding in the arena, routes in the mountain, etc.

### PLANNING MINI-CAMP

**9H-9:30H WELCOME!** The teachers explain to each group the activities that they're going to do. Prepare the equipment necessary for the activity.

**9:30H - 10H BREAKFAST**

**10H – 12:30H INITIATION TO HORSE RIDDING**, initiation to horse riding and handle the horse. First riding concepts. Pony Games.

**12:30h-13h BASIC CARE** Brush the ponis. Cures and basic care.

**13H-15H LUNCH TIME!**

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
15H-17H	WORKSHOPS	SWIMMING	WORKSHOPS	SWIMMING	CLOSING
	AND GAMES*	POOL**	FOREST ROUTE*	POOL**	ACTIVITY OF
					THE WEEK***



## PLANNING CAMP

**9H-9:30H WELCOME!** The teachers explain to each group the activities that they're going to do. Physical preparation of the rider. Prepare the equipment necessary for the activity.

**9:30H-10H BREAKFAST**

**10H- 12:30H HORSE RIDING** In the arena: Dressage, horse jumping, Pony Games, Horseball...  
Routes in the Natural Park of Collserola.

**12:30H-13H HORSE CLEANING AND PICKUP**

**13H-15H LUNCH TIME!**

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>15H-17H</b>	<b>WORKSHOPS</b>	<b>SWIMMING</b>	<b>WORKSHOPS</b>	<b>SWIMMING</b>	<b>CLOSING</b>
	<b>AND GAMES*</b>	<b>POOL **</b>	<b>FOREST RIUTES*</b>	<b>POOL **</b>	<b>ACTIVITY OF</b>
					<b>THE WEEK***</b>

## PLANNING IMPROVEMENT CAMP

**9H-9:30H WELCOME!** The teachers explain to each group the activities that they're going to do. Physical preparation of the rider. Prepare the equipment necessary for the activity.

**9:30H-10H BREAKFAST**

**10H- 13:00H HORSE RIDING** Horse preparation and riding. Horse care and behavior management.

### **WORKSHOPS AND GAMES\*:**

- Creative workshops and plastics.
- Touch-touch with the animals in the farm.
- Cooking workshops.
- Traditional games.
- Gymkhana.



### **SWIMMING POOL\*\*:**

This activity will take place in the Tennis Club SET BALL (carretera de Cerdanyola – Sant Cugat, km 4.6, 08173 Cerdanyola el Vallès), nearby our center Can Caldés.

Besides practicing swimming, they will play different games, supervised by teachers and other activities that are available in the facilities, like padel and rocrodrome.

### **CLOSING ACTIVITY OF THE WEEK\*\*\*:**

- Foam party.
- Display of our camp pupils.
- Elastics.
- Gymkhana.
- Magic
- Percussion...

And, like every summer, we will also organize a night of camping in the equestrian center: it will be on July 19.

Price night: € 15

Price night + dinner: € 25

(Book a seat and pay a price before July 12)

## **5. WHERE DO WE EAT?**

The Can Caldés restaurant, in the same facilities as the equestrian center, is in charge of serving the food to all the participants of the Camp. Therefore, pupils will enjoy varied, homemade and quality food. You can check the menu of the day through our web:

[www.cancaldes.com](http://www.cancaldes.com).

## **6. WHAT DO THEY HAVE TO BRING?**

- Riding equipment: breeches (or leggin type) and comfortable boots or footwear.
- Helmet and protective vest (in case that you don't have, Can Caldés will lend you it).
- A bag with comfortable spare clothes and shoes.
- Sun cream. Better if you also come with it on from home.
- Water, bottle or canteen.



- Cap.
- Daily breakfast.
- For the swimming pool (Tuesday and Thursday): swimming suite, swimming hat, flip flops and towel.
- Want to have loads of fun!

## 7. PRICES

### MINICAMP

From 9h a.m to 1h p.m : 145€/week (115€, 4 days week)

From 9h a.m to 3h p.m: 200€/week (160€, 4 days week)

From 9h a.m to 5h p.m: 250€/week (200€, 4 days week)

Reception service (8h a.m to 9h a.m): 15€/week

One day:

From 9h a.m to 1h p.m : 32€

From 9h a.m to 3h p.m: 44€

From 9h a.m to 5h p.m: 54€

### CAMP

From 9h a.m to 1h p.m: 195€/week (155€, 4 days week)

From 9h a.m to 3h p.m : 250€/week(200€, 4 days week)

From 9h a.m to 5h p.m: 300€/week (240€, 4 days week)

Reception service (8h a.m to 9h a.m): 15€/week

One day:

From 9h a.m to 1h p.m : 42€

From 9h a.m to 3h p.m: 54€

From 9h a.m to 5h p.m: 64€

### IMPROVEMENT CAMP

From 9h a.m to 1h p.m: 250€/week (200€, 4 days week)

From 9h a.m to 3h p.m : 300€/week(240€, 4 days week)

From 9h a.m to 5h p.m: 350€/week (280€, 4 days week)

Reception service (8h a.m to 9h a.m): 15€/week

One day:

From 9h a.m to 1h p.m: 60€

From 9h a.m to 3h p.m: 72€



From 9h a.m to 5h p.m: 77€



## DISCOUNTS

5% Discount for second brother

## SIGNING-UP

Through our website [www.cancaldes.com](http://www.cancaldes.com) or our email address [info@cancaldes.com](mailto:info@cancaldes.com)