



## CAN CALDÉS

# HORSE RIDING EASTER CAMP 2020

Coinciding with Easter school vacations, Can Caldés organizes again an equestrian campus aimed at children and young people who want to start in the world of horses or improve their technique.

We offer three types of campus to respond to different ages and levels.

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## 1. WHERE?

The camp activities will be principally developed at our facilities of Hípica Can Caldés, in Sant Cugat del Vallés.

Hípica Can Caldés is located in a privileged place down to the Collserola Natural Park, next to Sant Cugat center and only a few minutes from the city of Barcelona. Our facilities extend over 15 hectares of land.

We have 6 polyvalents riding tracks, one jumping arena and one dressage arena, all with silica sand, automatic irrigation and lighting. In our facilities we also have a restaurant that offers homemade food and a cafeteria.

## 2. WHEN?

April: 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>.

The schedule of the camp is from 9h a.m. to 17h p.m., with lunch included.

You also have the possibility to participate in the morning shift, from 9h a.m. to 1h p.m. or from 9h a.m. to 3h p.m. (with lunch included).

We offer free pick-up service, from 8h a.m. to 9h a.m., with previous booking.

## 3. MODALITIES: MINI-CAMP, CAMP AND IMPROVEMENT CAMP

Depending on the age of the pupils, Can Caldés offers three possibilities:

- **MINI-CAMP:** For kids from 4 to 5 years that live their first contact with the ponis. The activities will be adapted to their rhythm and requirements.
- **CAMP:** addressed to children from the age of 6 to 14, who want to start in the riding sport. Groups are distributed according to their age and level.
- **IMPROVEMENT CAMP:** for advanced students who want to improve their technique and increase their knowledge about the care and behavior of the horse.



## 4. WHAT DO WE DO?

The Can Caldés Easter camp focuses on equestrian activities and riding. The mornings will be dedicated to the riding activities: prepare the horse, riding in the arena, routes in the mountain, etc. They will also do creative workshops, painting, cooking...

### PLANNING MINI-CAMP

SCHEDULE	MONDAY, 6	TUESDAY, 7	WEDNESDAY, 8	THURSDAY, 9
9.00-9.30 H	<b>WELCOME!</b> Teachers explain each group the activities of the day. Prepare the equipment necessary for the activity			
9.30-10.00 H	<b>BREAKFAST</b>			
10.00-12.30 H	<b>HORSE RIDING INITIATION</b> Initiation to horse riding skills. Pony Games.			
12.30-13.00 H	<b>BASIC CARES</b> Brushing, careing... the ponis			
13.00-15.00 H	<b>LUNCH</b>			
15.00-17.00 H	WORKSHOPS / HORSE ACTIVITIES	MOUNTAIN HORSE BACK RIDING	WORKSHOPS / HORSE ACTIVITIES	MOUNTAIN HORSE BACK RIDING

### PLANNING CAMP

SCHEDULE	MONDAY, 6	TUESDAY, 7	WEDNESDAY, 8	THURSDAY, 9
9.00-9.30 H	<b>WELCOME!</b> Teachers explain each group the activities of the day. Physical training for riders. Prepare the equipment necessary for the activity			
9.30-10.00 H	<b>BREAKFAST</b>			
10.00-12.30 H	<b>HORSE RIDING</b> Horse riding skills (prepare, cleaning, careing, handle and riding)			
12.30-13.00 H	<b>CLEANING HORSE AND FINISH THE ACTIVITY</b>			
13.00-15.00 H	<b>LUNCH</b>			
15.00-17.00 H	WORKSHOPS / HORSE ACTIVITIES	MOUNTAIN HORSE BACK RIDING	WORKSHOPS / HORSE ACTIVITIES	MOUNTAIN HORSE BACK RIDING



## PLANNING IMPROVEMENT CAMP

SCHEDULE	MONDAY, 6	TUESDAY, 7	WEDNESDAY, 8	THURSDAY, 9
9.00-9.30 H	<b>WELCOME!</b> Teachers explain each group the activities of the day. Physical training for riders. Prepare the equipment necessary for the activity			
9.30-10.00 H	<b>BREAKFAST</b>			
10.00-12.30 H	<b>HORSE RIDING</b> Horse riding skills (prepare, cleaning, careing, handle and riding)			
12.30-13.00 H	<b>CLEANING HORSE AND FINISH THE ACTIVITY</b>			
13.00-15.00 H	<b>LUNCH</b>			
15.00-17.00 H	WORKSHOPS / HORSE ACTIVITIES	MOUNTAIN HORSE BACK RIDING	WORKSHOPS / HORSE ACTIVITIES	MOUNTAIN HORSE BACK RIDING

## 5. WHERE DO WE EAT?

The Can Caldés restaurant, in the same facilities as the equestrian center, is in charge of serving the food to all the participants of the Camp. Therefore, pupils will enjoy varied, homemade and quality food. You can check the menu of the day through our web: [www.cancaldes.com](http://www.cancaldes.com).

## MENU

- April 6: Gratin macaroni  
Sausages with potatoes  
Artisan yogurt
- April 7: Pasta soup  
Ham pizza  
Custard
- April 8: Cuba style rice  
Chicken nuggets  
Egg custard
- April 9: Cream of zucchini  
Paella  
Season's fruit



## 6. WHAT DO THEY HAVE TO BRING?

- Riding equipment: breeches (or leggin type) and comfortable boots or footwear.
- Helmet and protective vest (in case that you don't have, Can Caldés will lend you it).
- A bag with comfortable spare clothes and shoes.
- Water, bottle or canteen.
- Daily breakfast.
- Want to have loads of fun!

## 7. PRICES

### MINICAMP

From 9h a.m to 1h p.m: 32€/day

From 9h a.m to 3h p.m: 44€/day

From 9h a.m to 5h p.m: 54€/day

### CAMP

From 9h a.m to 1h p.m: 42€/day

From 9h a.m to 3h p.m: 54€/day

From 9h a.m to 5h p.m: 64€/day

### IMPROVEMENT CAMP

From 9h a.m to 1h p.m: 60€/day

From 9h a.m to 3h p.m: 72€/day

From 9h a.m to 5h p.m: 77€/day

**Reception service (8h a.m to 9h a.m): 3€/day**

### DISCOUNTS

10% discount 4 days, with prior reservation

5% discount for second brother

Discounts not cumulative.

### SIGNING-UP

Through our website [www.cancaldes.com](http://www.cancaldes.com) or our email address [info@cancaldes.com](mailto:info@cancaldes.com)